



Women Gynecology & Childbirth Associates, P.C.

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Webster, New York 14580

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Rochester, New York 14626

585-244-3430

LABOR FACTS

When do I call the doctor?

- If this is your first baby, call when your contractions have been 5 minutes apart for one hour, lasting 45-60 seconds
- If this is not your first baby, call when your contractions are 5 minutes apart for ½ hour. Call earlier if you had a rapid labor with any of your previous children.
- If you have had any specific medical or obstetrical problems, you may be given other instructions.

Rupture of membranes (when the water bag breaks):

- If the fluid is clear or yellow with little white flecks:
 - During the day: Call the office when it happens
 - During the night: Monday-Friday call the office at 8:30 am
 - During the weekend: Call the answering service at 8:30 am
- Call Immediately
 - If the fluid is green, bloody (more than pink bloody show) or thick yellow in color
 - If you had an outbreak of herpes within the last week or have had a positive culture within the last week.
 - If you are positive for Group B Strep

Bloody Show or Loss of Mucous Plug in the last three weeks of pregnancy:

- Report at your next office appointment.

Your newborn needs to be added to your insurance policy as soon as possible after being born. Failure to do this may result in you being responsible for the cost of your baby boy's circumcision. Please call our billing office at 244-4360 after this has been done and leave a message with your baby's name, date of birth, insurance name and subscriber number.